

## **Caring for teenagers in Triratna 2025**

### **Guidance on the care of those aged 15-17**

This is a guidance document for you to refer to, not a policy to be adopted. Based on law and best practice in the UK, it should be read together with the documents listed at the end.

#### **Is a teenager a child?**

For the purposes of Triratna policy, and in law in many jurisdictions, a 'child' is anyone who has not reached their 18th birthday.

While wishing to respond to the interest of many teenagers in Buddhism, we are aware of our ethical and legal duty to protect them from harm in the course of Triratna activities.

We are also aware that although the age of consent is 16, it is a criminal offence to have sex with a person under 18, where the older person is in a teaching or mentoring role in relation to the younger person. This 'Position of trust' law is likely to apply to Order members and Mitras in teaching roles in Triratna.

#### **How old should a child be to attend Triratna activities unaccompanied by a parent or guardian?**

There is no legal guidance on this in the UK, but our external Safeguarding advisers Thirtyone:eight consider 15 to be a reasonable lower limit. [www.thirtyoneeight.org](http://www.thirtyoneeight.org)

Accordingly, this document applies particularly to children aged 15-17. For further guidance on the care of all those under 18 please see the Triratna Model Child Protection Policy 2023 and the Triratna Child Protection Code of Conduct 2023.

#### **Written parental consent**

Where a child aged 15-17 attends non-residential Triratna events regularly and unaccompanied by their parent/guardian (ie if it's more than a drop-in or one-off visit and it's clear they are likely to keep coming) the Safeguarding officer could consider making contact with their parent/guardian to ensure they know this is happening, and to record in writing that contact has been made, along with contact details and any medical conditions we need to know about. If they were joining a weekly study group then the Safeguarding officer should contact the parents.

#### **Social media and meeting up**

Where any sangha member becomes aware of behaviour which goes against the advice in your charity's Child Protection Code of Conduct 2023 or Child Protection Code of Conduct 2023 (for example befriending a 15-17 year-old outside Triratna activities or sharing/exchanging contact details with them or befriending them on social media) the Safeguarding officer should be asked to look into the matter.

We will not engage personally by email, text or online with anyone known to be under 18 using social media, for example by 'friending' them on Facebook or including them in WhatsApp groups or similar – except with written permission from their parent/guardian, specifying the agreed medium

and the named Order member or event organizer. Events information and follow-up emails will be sent from a centre email account and always BCC'd.

As a Buddhist Centre we may receive emails from school pupils wanting information about Buddhism. Having answered their questions, we will not engage in further personal correspondence.

If a class leader or supporter arranges to meet a person 15-17 it should be arranged to take place in public; eg at the Buddhist centre when others are present or in a public environment. Those 15-17 should only be invited home where there are group activities or other teenagers present and the parents have given permission by email or letter to the charity's Safeguarding officer.

### **Keep age ranges as narrow as possible**

Events aimed specifically at, for example, 15-30 year olds, are not a good idea. Older people might class them all as 'young Buddhists' but a 15-year old will experience a huge difference, and power imbalance, between themselves and even a 20 year-old, which could make the younger person vulnerable to influence.

In pair work it is advisable to pair a person aged 15-17 with someone as near as possible to their own age, or to pair them with someone from the team – or put them in a three with one or two people as near as possible to their own age and/or someone from the team.

DBS checks/security checks and safer recruitment Please see the Triratna Model Child Protection Policy 2023.

### **Meeting in public**

All events/gatherings/study groups involving anyone 15-17 should take place in public settings (centres, retreat venues etc), not at anyone's private home or Buddhist residential community.

No leader or team member - or anyone else on an event - should allow themselves to be alone in a room with anyone under 18 out of sight or hearing of others; if it is absolutely necessary to enter a room where a person under 18 is alone the door should be left open and another team member informed.

### **Residential events**

#### **Children's, young people's or family events**

Where 15-17 year-olds attend residential events intended for those under 18 (or mixed age groups, such as family events) unaccompanied by their parent/guardian the Safeguarding officer must get parental permission for them to attend, by email or letter.

#### **15-17 year-olds on general residential events**

Should either be accompanied by a parent guardian or if not accompanied by their own parent/guardian, the teenager could be accompanied by an adult friend appointed by the parent/guardian as their carer for the event. In which case the Centre must obtain a written

agreement made personally between the parent/guardian and the carer referring specifically to the event.

Should sleep in a single room. Over-18s should not go into under-18s' rooms. If they really need to enter the room they should leave the door open.

As always, the Equalities Act 2010 requires that you make 'reasonable adjustment', taking into account the resources and accommodation available and the safety, decency and privacy of all concerned.

### **Safer transport**

As stated in the Triratna Model Child Protection Policy 2023, where it is agreed that (in connection with any Triratna charity's activities) that one of its employees or volunteers may give a lift to a person under 18 who is not accompanied by a parent or guardian (with or without anyone else in the car)

The charity's Safeguarding Lead must ensure that the driver is well known to them, has read the charity's Child Protection Code of Conduct and Child Protection Policy and signed to confirm they will abide by them.

The charity's Safeguarding Lead must have the written agreement of the 15-17 year-old's parent/carers for them to travel in the car of this named driver.

It should be made very clear between the charity and the parent/guardian that the charity is responsible for the 15-17 year-old only while they are at the Centre/event. The parent/guardian is responsible until the 15-17 year-old arrives at the event and as soon as they leave.

The driver must be over 18, have a full driving licence, adequate insurance and a vehicle which is roadworthy.

The 15-17 year-old must sit in the back seat.

If the charity's Safeguarding Lead does not feel able to implement these criteria lifts should not be offered to those under 18 by any employee or volunteer - in connection with their charity's activities.

Get free help from external Safeguarding experts such as Thirtyone:eight: [www.thirtyoneeight.org](http://www.thirtyoneeight.org)

This guidance published 2023 by Triratna's ECA Safeguarding officer.  
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